● 活動目的

1. 臨床研究のサポート(臨床研究支援部門)
2. 難治性循環器疾患の病態解明と新たな治療法開発(基礎研究部門)

● 活動状況

1. 臨床研究支援部門

- 1) 支援体制: 臨床研究看護師 1 名
- 2) 支援内容: 肺高血圧症に関する臨床研究支援.

2. 基礎研究部門

肺高血圧症の病態解明と新規治療法の開発.

1) 体制

- a) 構成員: 医師 1 名, 客員研究員 3 名, 技術補佐員 1 名
- b) 共同研究機関: 京都大学ゲノム医学センター, 岡山大学大学院医歯薬学総合研究科薬理学分野

2) 研究内容と成果

- a) 臨床研究部門 2023 年度中は, バルーン肺動脈形成術後のリオングアト中止の可否に関する新規のランダム化比較試験を当院が中心となって実施中(NCT04600492). また, 過去 10 年以上, 共同研究機関である京都大学ゲノム医学センターと実施してきた, 肺高血圧症の遺伝子解析研究を進展させ, 新たに多施設の参加も得て新規のレジストリ研究として難病プラットフォームに合流させ, 2023 年 7 月より新規の登録を開始したこれまでに先行研究からの移行分を含め 300 例以上の登録を行った. 加えて, 肺高血圧症に関する国内外の他施設主導の 3 つのレジストリ研究にも参加中である.
- b) 基礎研究部門 肺高血圧症は, 肺動脈壁の平滑筋細胞が異常に増殖することにより肺動脈の中膜が肥厚して動脈が狭窄することが原因で, 最終的に心不全に至る稀な疾患である. 肺高血圧症は経験豊富な専門医でなければ診断に難渋することが多く, 特異的なバイオマーカーの発見が望まれている. 近年, アクチビン受容体のリガンド阻害薬が肺動脈性肺高血圧症の治療に有望であることが報告され, また, 治療開始前のアクチビンA血中濃度が予後と関連する可能性も示されてきた. 当研究室では, これまでに 700 名以上の肺高血圧症患者から血清を採取・保管してあるため, これを用いてアクチビン受容体の各種リガンドの計測を行ったが, 治療前後の変化などから特異的なバイオマーカーの候補となるものの発見には至らなかった. そこで, アクチビンの血管平滑筋への作用を仲介する物質をターゲットとして再検討を行っている.

● 研究実績

論文発表

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学会発表

- 1) 慢性血栓塞栓性肺高血圧に対するバルーン肺動脈形成術後の病変部自然拡張の機序
木山 和子
第 77 回 国立病院総合医学会 2023 年 10 月 21 日
- 2) ISHLT 2023 (Speaker); SESSION 18. Chronic Thromboembolic Pulmonary Hypertension: A Decade of Progress, BPA: The Search for Equipoise with PEA, Denver, CO, USA, April 19, 2023.
- 3) Turkish Society of Cardiology, 5th International Pulmonary Vascular Diseases – PVD 2023 Meeting (Speaker & Panelist); LIVE-IN-BOX Session: CTEPH & BPA, Istanbul, TURKEY, May 5, 2023.
- 4) The 32nd Annual Scientific Meeting of The Indonesian Heart Association, – Regular Symposium 9 – Joint Session Japanese Circulation Society, “Current and Future Management of CTEPH” (Speaker); Balloon Pulmonary Angioplasty in CTEPH, Jakarta, INDONESIA, May 26, 2023.
- 5) Structural Cardiac Intervention (SCI) 2023 (Speaker); Key Lecture 8; Current update in CTEPH, (2nd operator); Live Case Transmission 5 (CTEPH), Seoul, KOREA, July 14, 2023.
- 6) EASOPH 2023 (Speaker); How to build strong CTEPH team? (Chair); Session A6: Issues in PH Treatment in EASOPH countries, Incheon, KOREA, July 15, 2023.
- 7) ENCORE SEOUL 2023 (Moderator); Vein I, Current practice in deep vein thrombosis and pulmonary embolism/CTEPH (Speaker); BPA: update guidelines and target goal for CTEPH patients, (Operator); Live session IV, Samsung Medical Center (CTEPH), (Panelist); Vein II, CTEPH – Paradigm shift from case to cure, (Speaker); Maximal medical therapy for CTEPH including anticoagulation, Complex BPA for CTEPH patients with severe pulmonary HTN, Seoul, KOREA, September 6–7, 2023.
- 8) International CTEPH Conference 2023 (Panelist); Session 3: The multidisciplinary CTEPH team: making treatment decisions (Chair); Session 5: Management of inoperable patients – medical, interventional, or multimodal? Part 1, (Speaker) Keynote: Balloon pulmonary angioplasty (Speaker); Deep dives, BPA management of complications, (Speaker); Session 6: Long-term outcomes, Japanese perspective, San Diego, USA, September 29–30, 2023.
- 9) The 27th Congress of Asia Pacific Society of Respiriology (Speaker); Evolving spectrum of treatment of CTEPH, Singapore, SINGAPORE, November 18, 2023.

- 10) 2023 TPHA Autumn PH Forum (Speaker); Hybrid Symposium: Updates and implications for clinical care of CTEPH, Taichung, TAIWAN (Remote), November 18, 2023.

講演、研究会

- 1) ARTISAN Webinar (Speaker); The early and rapid up-titration of parenteral prostanoid dose to reduce mPAP and improve 20-year survival in PAH, USA (Remote), April 20, 2023.
- 2) Eighth Lee's Pharmaceutical Pulmonary Hypertension Summit Forum (Speaker); Is remission achievable in PAH? Chongqing, CHINA (Remote), May 13, 2023.
- 3) Kaohsiung Veterans General Hospital 33th Anniversary International Critical Care Congress (Speaker); Group 1 PAH in Japan, Kaohsiung, TAIWAN, July 8, 2023.
- 4) PTPA YOUTH CLUB (Speaker); Interventional therapy of CTEPH; key points and tips, CHINA (Remote), August 5, 2023
- 5) Asia Pacific PH forum 2023, (Moderator); Plenary 2: Asia-Pacific PH guidelines – today and tomorrow, (Speaker): Integrating guidelines into real-life PH care: Challenges and opportunities across AP, (Moderator); Symposium 1: Holistic PAH care: Improving persistence in treatment, Tokyo, JAPAN, September 22–23, 2023.
- 6) 15th European PH meeting (Speaker); Is treatment de-escalation possible in PAH? Vienna, AUSTRIA, December 2, 2023.
- 7) PVRI 2023/24 webinar series (Speaker); PRO: All patients should have balloon pulmonary angioplasty before being referred for pulmonary endarterectomy, Virtual, December 13, 2023.